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CLAIMS

What is claimed:

1. A sheet holder for holding a stack of sheets, the sheet holder comprising:

5 a first cover;

a label display element coupled with the first cover, the label display element including label indicia;

a tab coupled with the first cover and with one or more sheets in the stack, the tab extending beyond the one or more sheets and over at least a portion of the label indicia to permit viewing of the label indicia through the tab; and

a second cover coupled with the first cover and configured to permit viewing of the tab and the label indicia when the first and second covers are in a closed position.

- 15 2. The sheet holder of claim 1, wherein the second cover includes a cutout configured to permit viewing of the tab and the label indicia when the first and second cover are in a closed position.
- 3. The sheet holder of claim 2, wherein the cutout is substantially elliptical in shape.
 - 4. The sheet holder of claim 2, wherein the cutout is completely within a perimeter of the second cover.

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- 5. The sheet holder of claim 1, wherein the second cover includes a recessed edge configured to permit viewing of the tab and the label indicia when the first and second cover are in a closed position.
- 5 6. The sheet holder of claim 5, wherein the recessed edge includes a projection to facilitate grasping and opening the second cover.
 - 7. The sheet holder of claim 1, wherein the first cover has a width W_0 greater than a width W_1 of the second cover.
 - 8. The sheet holder of claim 1, wherein the sheet holder is a ring binder.
- 9. The sheet holder of claim 1, wherein the sheet holder is a spiral-bound notebook.
 - 10. The sheet holder of claim 1, wherein the first cover includes a pocket and wherein the label display element is positioned in the pocket.
- 20 11. The sheet holder of claim 1, wherein the tab is integral with the second cover.

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12. A sheet holder for holding a stack of sheets, the sheet holder comprising:

a first cover;

a tab coupled with the first cover and with one or more sheets in the stack, the tab extending beyond the one or more sheets; and

a second cover coupled with the first cover and configured to permit viewing of the tab when the first and second covers are in a closed position.

- 13. The sheet holder of claim 12, wherein the second cover includes a cutout configured to permit viewing of the tab when the first and second cover are in a closed position.
 - 14. The sheet holder of claim 13, wherein the cutout is substantially elliptical in shape.
- 15. The sheet holder of claim 13, wherein the cutout is completely within a perimeter of the second cover.
- 16. The sheet holder of claim 12, wherein the second cover includes a recessed edge configured to permit viewing of the tab when the first and second cover are in a closed position.
 - 17. The sheet holder of claim 16, wherein the recessed edge includes a projection to facilitate grasping and opening the second cover.

- 18. The sheet holder of claim 12, wherein the first cover has a width W_0 greater than a width W_1 of the second cover.
- 19. The sheet holder of claim 12, wherein the sheet holder is a ring
- 5 binder.
 - 20. The sheet holder of claim 12, wherein the sheet holder is a spiral-bound notebook.